

just one touch

The healing touch of Jesus is not limited to just physical ailments being healed, it also includes spiritual pain and emotional impairment as well. A lot of the stories throughout the Gospels in the New Testament focus on those who Jesus was healing physically. He continually touched others to show his power and mercy, even those who were seen as “unclean” or as lesser members of society.

The deaf man in Mark chapter 7, who had his hearing and speech restored, trusted Jesus to heal him. He trusted Jesus to know him personally and to heal him with just a single touch. Jesus pulled this man away from the crowd to care for him. This passage should help us realize that Jesus does not lose us in the crowd. He will pull us aside to be our loving caretaker.

Read Mark 7:31-37

1. Based on the video you just watched, what stood out most to you?
2. When is a time in your life when you have had a great encounter with Christ?
3. Whose touch has a powerful meaning for you?
4. Do you feel a touch from Jesus to be more powerful than the person you spoke of in the previous question?
5. Are you giving Jesus your full attention like he is willing to do for us?
6. Have you been spreading the good news that Jesus gave you when he first stepped into your life?
7. Based on this discussion, what do you need to do differently in the coming week?