

# HABITS LIVE ON PURPOSE

PSALM 139:16; PSALM 90:12; ECCLESIASTES 1:14; PHILIPPIANS 3:7-8



## MAIN POINT

*Christ followers are to recognize the brevity of life and seek to live intentionally for God's glory.*

## INTRODUCTION

What do your current habits communicate about what you value most in life?

How do our habits, either directly or indirectly, show what we believe our purpose is?

All people live with a purpose. Though we may not always recognize it, everything we do is driven by the purpose of what we believe is most important in life. Followers of Christ are called to live for the purpose of His glory in their lives. In seeking to live on purpose for God, it is helpful to remember the brevity of our lives. As we recognize the brief time we are given on earth, we can more clearly define the habits we need to cultivate for His purposes.

## DISCUSSION

**> READ PSALM 139:16; PSALM 90:12; ECCLESIASTES 1:14; PHILIPPIANS 3:7-8.**

How do these passages remind us of the brevity of life and the importance of pursuing things of eternal value?

How does it bring you comfort to be reminded that God knows you intimately, including the number of days of your life? How does this give confidence in pursuing the things He has called us to?

What do you think is the connection between recognizing the brevity of life and gaining wisdom? How does this help us recognize what truly matters in our lives?

How have you experienced the vanity of pursuing earthly satisfaction? How can this remembrance cultivate in you a greater desire for the things of God? How might this be motivation for living on purpose for Him?

Paul wrote Philippians 3:7-8 in regard to the accolades he had gained in his flesh. What are some earthly things you might be tempted to find your identity in?

What does it mean to count these things as loss for the sake of Christ?

How do habits lead us to live on purpose for the sake of Christ or for the sake of the world?

## APPLICATION

What habits do you need to change or begin in order to more clearly remember the brevity of life and cultivate a sense of urgency to live on purpose for the sake of Christ?