

MAIN POINT

We will overcome the giants we face as we rely on God's strength and not our own.

INTRODUCTION

Looking back over your life, what's the biggest challenge you've had to face? What would you change about how you handled that situation?

When faced with an overwhelming challenge, where do you typically turn to for strength?

Life is full of challenges that seem overwhelming. We are often tempted to give into these challenges and accept the fact that we will never have freedom over the giants that loom in our lives. Today we will look at the familiar story of David, who faced down a literal giant, Goliath. We can be confident that we can also face down our giants, but not because we are like David. Instead, we can be confident because Jesus is the true and better David, and He has promised to be with us and give us His power in this world.

DISCUSSION

> **READ 1 SAMUEL 17:1-58.**

What is most intimidating to you about the way Goliath is described in these verses? How did the Israelites, including Saul their king, react when they saw Goliath? What challenges in your life make you feel this way?

Think about the last trial you had to face. What overwhelmed your mind during that time—thoughts of the giant's power to destroy you or thoughts of God's victory through you?

Why do you think David was willing to face Goliath when none of the Israelite soldiers were?

What are some experiences David remembered in his testimony (v. 37) that enabled him to truly rely on God? How can we do the same?

How has facing challenges allowed you to understand God's power?

This week we heard that though we are not the hero of our story, we can be confident because our true hero, Jesus, gives us His power, provision, and promises. How does this change your perspective on facing the giants that loom in your life?

Consider a challenge you're currently facing. What larger missionary purpose might be accomplished for God if you would look to Him for strength?

APPLICATION

Where do you currently need to seek God's power, provision, and strength in your life? What will you do?