

May 3

We are to be a light

Core Truth: Jesus demonstrates how we should live

Text: Matthew 5:13-16

Lightbulb: We are to be a light



ACTIVITY: Spoiler Alert

Supplies: A small flashlight, 3 or 4 random objects that both reflect and do not reflect light (small mirrors, foil, water bottles, a piece of paper, small toy, candy bar, etc. Your choice!)

Who talked about Light in the scripture we heard today? (Jesus!) Jesus told us that He wants His people to be a light.

But does He mean He wants us to be a flash light? No way! It means that He wants us to do things He does, so other people can see us and know more about Him!

I have a flashlight here and we are going to do an experiment. Have someone be the flashlight holder, and have them stand next to the wall. We are going to see if this (insert object name here) reflects the light. Reflect means to bounce the light from the flashlight on to the wall. Show the flash light holder how to shine the light at the side of the object that is facing the wall. Help them to see if it actually reflects the light onto the wall or not.

Discussion:

- Can you tell me some of the things that did a good job showing or reflecting the light? (Mirror, foil etc.)

- Jesus said that we are to be what to the world? (A light.)

He wants us to shine on other people, and to live like Him so others can see Jesus!

- What was the broken flash filled with that Ms. Heaven showed us? (Trash.)

- Can a flashlight run off of trash? (No way.)

- What are some things we might do that would help us to look more like Jesus?

-What are some things that we might do that would be a poor reflection of Him?

-Jesus said it would be so silly if we did something with our light. Do you remember what it was? *(Use a flashlight and hide the light under your hand or shirt, or sit on it.) (That's right... hide it! We should show our light to the world!)*

Real-Life Application

We hope you had FUN at our PJ Party and that you learned a lot about being a LIGHT! We want you to come up with five ways you can be a light this week and discuss it as a family!

Pray together as a family!