

# c|Life Preschool Online

## Unit 9 Lesson 1: I Can Let My Light Shine

Heartprint: **Jesus Showed Me How I Should Live**

Memory Verse: **Matthew 5:16**

May 3, 2020

Here is the link for our Large Group video: <https://youtu.be/Dzfb91YS5pk>

**Song:** *This Little Light of Mine* from Listener Kids:

<https://youtu.be/cKkblZtqhyQ> (fun video with a dancing lightbulb; slightly different from original song)

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### **Activity:** *Glow Stick True/False*

#### Items Needed:

- True/False Statements
- One glow stick per child
- Flashlight

**Instructions:** Make sure each child has one glow stick. Let your child(ren) know you are going to turn the lights off, but will have a flashlight and they have their glow sticks. Read the true/false statements. If it is a true statement, they will raise their glow stick in the air. If the statement is false, they will hide their glow stick. At the end, you can sing “This Little Light of Mine” and allow them to use their glow sticks.

#### True or False:

1. The passage that we read today was Matthew 5:13-16. *True*
2. We are the pepper of the Earth. *False*
3. We are the salt of the Earth. *True*
4. Jesus' favorite food is salt. *False. Or at least it cannot be proven!*
5. We are the salt of the Earth because we have Jesus in us. *True.*
6. Jesus uses people like us to teach the world about himself. *True.*
7. A city on a hill cannot be hidden. *True.*
8. Jesus is like the light of the Earth. *True.*
9. Darkness covers the light and makes it go away. *False.*
10. Light makes the darkness go away. *True.*
11. People see Jesus through us. *True.*

**Connection Point:** Jesus told us to be the light and show people how to know Jesus. We can use our glow sticks to give a little bit of light to the people around us and tell them that Jesus loves them, and I can let my light shine!

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# Craft: Be These

## Items Needed:

- “Be these” color page
- Crayons, markers or watercolor paints
- Glue (optional)
- Salt (optional)

**Instructions:** There are options for this craft, so they will be listed below in bullet points.

- Option 1: Color page - use crayons and/or markers
- Option 2: Watercolor paints
- Option 3: Watercolor paints, add a little extra water if their painting is dry, then sprinkle with salt
- Option 4: Allow children to color the page, draw designs/dots, etc with glue, then sprinkle with salt (like glitter)

**Connection Point:** Jesus told us to be the light on a hill for all to see and the salt of the earth. In this picture there is a salt shaker and a light bulb to help us remember that we need to be these things to those around us. We can be like salt. It makes things taste better, and when we are like salt we gently tell people that God loves them. We can also be a light to people when we tell them about Jesus and they see the joy we receive from loving Him.

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## **Bible Lesson:** I can let my light shine

**Memory Verse:** “Let your light shine before others.” Matthew 5:16 <https://youtu.be/-IPTnVbklkM>

**This week’s story taken is from Matthew 5:13-16:**

(Turn lights down in the room, show them a flashlight, put the flashlight under a large plastic bowl)

Look how this light shines. What happens if I put it under a bowl? Can you see it shine for us? In our story today Jesus is going to teach us how to shine for others just like this light.

Let’s open our Bibles to Matthew 5:

Jesus went from place to place teaching the people about God. The people would come from all around to hear Jesus teach. Jesus loved the people. One day while Jesus was walking, he saw the crowd coming to meet him. Jesus walked up on a hill and sat down. The people sat down ready to listen, just like you guys sat down to listen to this story!

Jesus taught them that living like a follower of Jesus would mean living different than they were used to. Jesus said that God blesses those who live for God’s kingdom instead of living for what we want right now.

Jesus said that people will say bad things about you and they will hurt you. They will lie and say all kinds of evil things because you follow me. But when they do these things to you, be happy! Rejoice and be glad! Because in Heaven there is a great reward for you. Did you know that the same thing happened to the prophets? Say Prophet. (PRAW-fet). A prophet is someone who speaks for God. People were mean to the prophets, but the prophets did not care because they lived for the kingdom of Heaven and not for comfort now.

Jesus then taught them that they were the salt of the earth. Right now when we live like a true believer, loving God and loving other people, we are precious like salt. Salt makes things taste better. but if salt loses what

makes it precious, its saltiness, it cannot be made salty again. Jesus said it is good for nothing and should be thrown out for people to walk on.

Jesus then taught them that they are the light that gives light to the world. Just like this flashlight, Jesus said the light that comes from us is special. Jesus said we don't turn it on and then hide it under a bowl. But instead we put it up high on a lampstand so that the light shines for other people. When we live like God wants, people see that and praise the Father in Heaven.

Jesus wants us to live differently. God rewards us when we live for His kingdom instead of for comfort here. He sees when others mistreat us because we love God, and He rewards us in heaven. Jesus wanted us to know that others see how we live too. When people see the joy that comes from loving God, they also want to love and praise God.

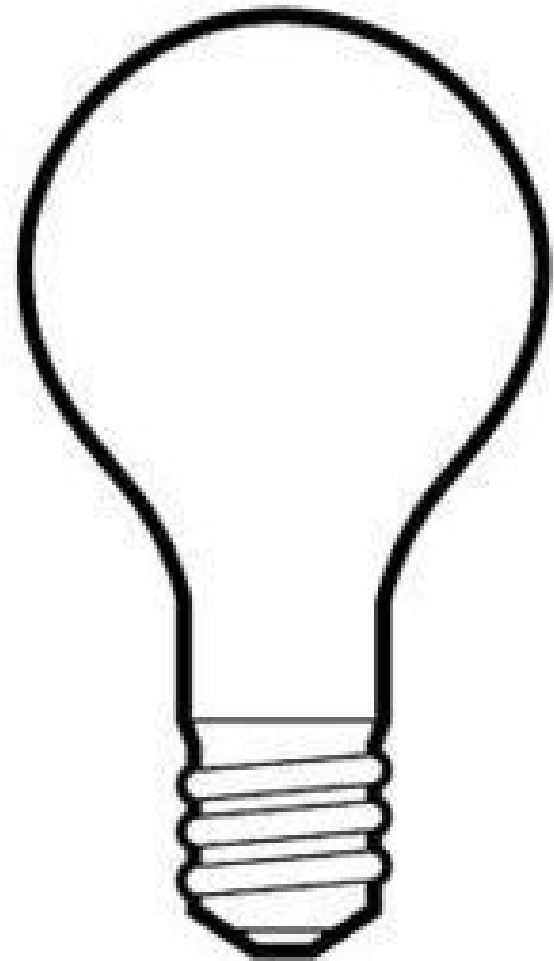
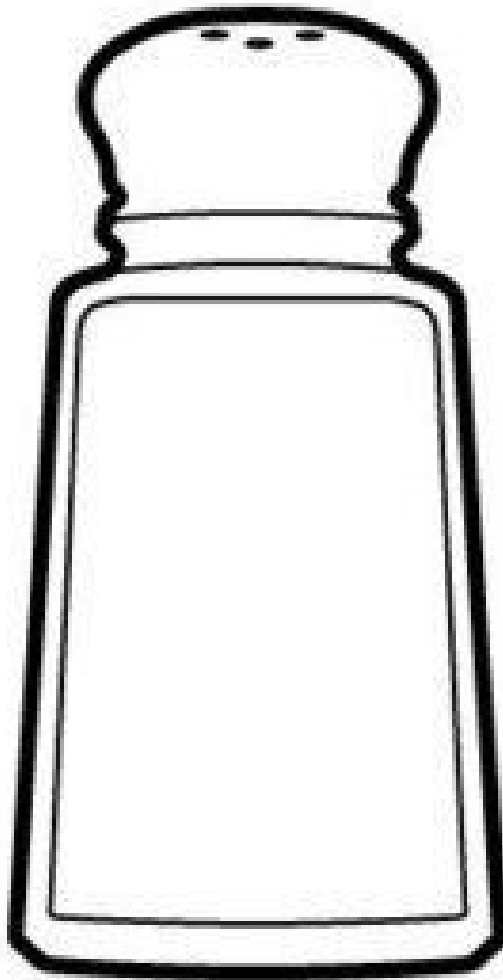
We can live differently too. If someone hurts us we can rejoice because God sees everything and rewards those who love Him. We don't need to hurt them back. When we do this we are the salt of the earth, the light of the world showing others how to love and praise God. Let's say, "I can let my light shine!" on the count of three...I can let my light shine!

**Prayer:**

God, you see everything. We want to live for your kingdom and not for comfort now. Help us be the salt of the earth and the light of the world so that others will come to know you. In Your name we pray, Amen.

**Questions:**

1. Did Jesus say we are to live differently or the same as everyone around us? (Differently)
2. Did Jesus say we should live for God's kingdom or for our comfort right now? (God's kingdom)
3. If salt loses its saltiness, can it be made salty again? (No)
4. Do we put a light under a bowl or put it on a lampstand? (lampstand)
5. When we live like we love God, do others see and praise God in Heaven? (Yes!)
6. Are we to be darkness or let our light shine for Jesus? (Let my light shine!)



**Be these.**

**M a t t h e w 5 : 1 3 - 1 6**

